Africa: Diversity and Development

An overview of post-harvest challenges facing tomato production in Africa

Isaac Kojo Arah

University of New England
Ho Polytechnic

Abstract

Tomato (Solanum lycopersicum L.) is an important crop cultivated and consumed worldwide. The fruit can either be eaten raw or as an ingredient in many dishes and drinks. Tomatoes and tomato-based foods provide a wide variety of nutrients and other health-related benefits to the human body. Tomato compared to other fruits contains higher amounts of lycopene, a type of carotenoid with anti-oxidant properties which is beneficial in reducing the incidence of some chronic diseases such as cancer, osteoporosis, dementia, Parkinson’s disease, Alzheimer’s disease and all kinds of cardiovascular disorders. Tomato production can improve the livelihoods of small-scale producers by creating jobs and serving as source of income for both rural and peri-urban dwellers, thereby contributing to the GDP of African countries. Despite all the benefits that can be derived from the crop, many constraints make its production unprofitable in Africa. Although other authors have identified some other constraints in tomato production to include lack of effective irrigation systems, incidence of pests and diseases, low quality and insufficient quantity of tomato produced among competition from foreign imports, the constraints for this paper are the post-harvest challenges facing tomato production. Post-harvest challenges are challenges faced by producers, processors, distributors, retailers as well as exporters in handling the produce after it has been harvested until it gets to the final consumer. Post-harvest challenges can be an on-farm or off-farm problem. On-farm challenges include improper harvesting stages and periods, excessive field heat, improper harvesting containers, poor farm sanitation and improper packaging materials. Off-farm challenges can include lack of access or bad roads leading to production fields, inappropriate transportation system, lack of processing factories, lack of effective storage facilities, lack of market information and reliable markets. Using low-cost intermediate technology intervention can help reduce some of these post-harvest constraints making tomato production a more profitable venture in Africa.

INTRODUCTION

Tomato (Solanum lycopersicum L.) is one of the most popular produced and extensively consumed vegetable crops in the world (Grandillo et al. 1999). It can be eaten raw in salads or as an ingredient in many dishes, and in drinks (Alam et al. 2007). Tomatoes and tomato-based foods provide a wide variety of nutrients and many health-related benefits to the body. In regions where it is being cultivated and consumed, it constitutes a very essential part of
people’s diet. Tomato production can serve as a source of income for most rural and peri-
urban producers in Africa. Despite all the numerous benefits from the crop, many challenges
are making its production unprofitable in most developing countries especially those in
Africa. The challenges faced by producers can be either be in production, post-harvest,
marketing or a combination of any of them. The purpose of this paper is to look at the post-
harvest aspect of these challenges and recommend some low cost intermediate
technologies needed to remedy the situation.

History of tomato as a food

According to Tan et al. (2010) the present-day tomato has a very short history of human
consumption. It was believed to have its origin in the South American Andes (Naika et al.
2005) which is in present day Peru where it was growing in the wild at the foot of hills. It was
then taken to other parts of the world by the early explorers where it was planted as
ornamental curiosities but not eaten. In Europe for instance it was planted in gardens as
decorative plants and was considered poisonous. Although tomato was accepted later as an
edible crop in Europe in about 1840 (Paran and van der Knaap 2007) there was still strict
opposition to its consumption in other parts of the world especially the United Kingdom.

Global tomato production increased during the 1920s as a result of breakthroughs in
technologies that made mechanised processing possible (Tan et al. 2010). With increasing
knowledge in benefits derived from genetic modification of tomatoes, more desirable
parameters have been selected for varietal improvement to enhance the crop for human
consumption. Today, countless of varieties of tomatoes are consumed all over the world in
different recipes.

Recipes of tomatoes

Tomatoes can be used for a variety of recipes. It can be consumed fresh in salads, cooked
in other dishes or processed into other food products (Ahmed et al. 2012; Ayandiji et al.
2011; Babolala et al. 2010; Grandillo et al. 1999). A few common recipes of tomatoes
include: tomato-egg sandwich, tomato-watermelon sorbet, fried green tomato with bread and
butter pickle, grilled chicken-tomato salad and tomato-egg sandwich.

Nutritional value in tomatoes

Tomato has become an important cash and industrial crop in many parts of the world
(Ayandiji et al. 2011) not only because of its economic importance but also its nutritional
value to human diet and subsequent importance in human health (Willcox et al. 2003).
Tomato is rich in vitamins, minerals, sugars, essential amino acids, iron, dietary fibers,
phosphorus and vitamin B and C (Ayandiji et al. 2011). It therefore serves a source of these
nutrients when consumed. The table below gives 15 main nutrients and their quantities that can be derived from consuming a 123-gram of ripened tomatoes.

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calcium</td>
<td>1.2mg</td>
</tr>
<tr>
<td>Carbohydrate</td>
<td>4.7g</td>
</tr>
<tr>
<td>Copper</td>
<td>0.073mg</td>
</tr>
<tr>
<td>Dietary fiber</td>
<td>1.5g</td>
</tr>
<tr>
<td>Fat</td>
<td>0.2g</td>
</tr>
<tr>
<td>Iron</td>
<td>0.33mg</td>
</tr>
<tr>
<td>Magnesium</td>
<td>1.4mg</td>
</tr>
<tr>
<td>Niacin</td>
<td>0.731mg</td>
</tr>
<tr>
<td>Pantothenic acid</td>
<td>0.109mg</td>
</tr>
<tr>
<td>Phosphorus</td>
<td>3mg</td>
</tr>
<tr>
<td>Potassium</td>
<td>292mg</td>
</tr>
<tr>
<td>Protein</td>
<td>1.0g</td>
</tr>
<tr>
<td>Thiamin</td>
<td>0.046g</td>
</tr>
<tr>
<td>Total sugars</td>
<td>3.23g</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>16.9mg</td>
</tr>
</tbody>
</table>


Health benefits of tomatoes
Tomato contains higher amounts of lycopene, a type of carotenoid with anti-oxidant properties (Arab and Steck 2000) which is beneficial in reducing the incidence of some chronic diseases (Basu and Imrhan 2007) like cancer and many other cardiovascular disorders (Freeman & Reimers 2010). This anti-oxidant property and its health benefit have raised the interest in tomato research and its consumption as a crop with medicinal properties (Di Mascio et al. 1989). Although lycopene is believed to be the main contributing compound in tomatoes responsible for lower risk of prostate cancer (Pohar et al. 2003) different studies have also shown that consumption of tomatoes and tomato-base foods can be linked to reduced incidence of a variety of cancers in general. Giovannucci (1999) has also reviewed some of the findings by other authors which include the reduced risk of pancreatic, lung, stomach, colorectal, oral, bladder, breast and cervical cancers.

Lycopene in tomatoes enhance fertility by improving the quality and swimming speed of sperm whilst reducing the number of abnormal sperm in men (Innes 2014). Consumption of tomatoes can prevent old-age related diseases like dementia, osteoporosis, Parkinson’s and Alzheimer’s disease (Freeman & Reimers 2010). Tomatoes have high sources of vitamin C and vitamin A which are vital in warding off muscular degeneration and improve eyesight. It is also believed to be powerful blood purifier and clear up urinary tract infections. Tomatoes are high in fibre which aids easy digestion and can assist in weight loss. These numerous
health benefits of tomatoes and tomato-based foods may be link to the high global production.

**Global tomato production for 2012**

Tomato is an important and popular grown horticultural commodity in the world and by weight ranks third in global production of all horticultural produce only behind potatoes and sweet potatoes (Tan *et al* 2010). It accounts for about 4.8 million hectares of harvested land area with an estimated production of 162 million tonnes. China leads world tomato production with about 50 million tonnes followed by the India with 17.5 million tonnes. The table below shows the ranks of the first 15 tomato producing countries in the world for 2012.

*Table 2: The top 15 tomato producing countries in the world for 2012.*

<table>
<thead>
<tr>
<th>Rank</th>
<th>Country</th>
<th>Production (tonnes)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>China</td>
<td>50,000,000</td>
</tr>
<tr>
<td>2</td>
<td>India</td>
<td>17,500,000</td>
</tr>
<tr>
<td>3</td>
<td>USA</td>
<td>13,206,950</td>
</tr>
<tr>
<td>4</td>
<td>Turkey</td>
<td>11,350,000</td>
</tr>
<tr>
<td>5</td>
<td>Egypt</td>
<td>8,625,219</td>
</tr>
<tr>
<td>6</td>
<td>Iran</td>
<td>6,000,000</td>
</tr>
<tr>
<td>7</td>
<td>Italy</td>
<td>5,131,977</td>
</tr>
<tr>
<td>8</td>
<td>Spain</td>
<td>4,007,000</td>
</tr>
<tr>
<td>9</td>
<td>Brazil</td>
<td>3,873,985</td>
</tr>
<tr>
<td>10</td>
<td>Mexico</td>
<td>3,433,567</td>
</tr>
<tr>
<td>11</td>
<td>Uzbekistan</td>
<td>2,650,000</td>
</tr>
<tr>
<td>12</td>
<td>Russian Federation</td>
<td>2,456,100</td>
</tr>
<tr>
<td>13</td>
<td>Ukraine</td>
<td>2,274,100</td>
</tr>
<tr>
<td>14</td>
<td>Nigeria</td>
<td>1,560,000</td>
</tr>
<tr>
<td>15</td>
<td>Portugal</td>
<td>1,392,700</td>
</tr>
</tbody>
</table>

Source :*(FAOSTAT, 2014)*

**Regional tomatoes production for 2012**

Asia contributed about 97.9 million tonnes constituting 60.5% of global tomato production in 2012. The Americas were second with a total production of about 24.8 metric tonnes which was 15.3% of total global production. Europe was placed third with 20.7 million tonnes constituting 12.8%. Africa was fourth with 19.9 million tonnes of production making up 11.1% of total global production. The Oceania production was about 0.47 million tonnes which constituting 0.3% of all global production for 2012. The Chart below (Figure 1) shows the regional production of tomatoes for the 2012 production season.
Africa’s tomato Production for 2012

Africa’s total tomato production for 2012 was 17.938 million tons with Egypt leading the continent with 8.625 million tonnes. Table 3 shows the list of the top 15 producing countries in Africa.

Table 3: The top 15 tomato producing countries in Africa.

<table>
<thead>
<tr>
<th>Rank</th>
<th>Country</th>
<th>Production (tons)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Egypt</td>
<td>8 625 219</td>
</tr>
<tr>
<td>2</td>
<td>Nigeria</td>
<td>1 560 000</td>
</tr>
<tr>
<td>3</td>
<td>Morocco</td>
<td>1 219 071</td>
</tr>
<tr>
<td>4</td>
<td>Tunisia</td>
<td>1 100 000</td>
</tr>
<tr>
<td>5</td>
<td>Cameroon</td>
<td>880 000</td>
</tr>
<tr>
<td>6</td>
<td>Algeria</td>
<td>796 963</td>
</tr>
<tr>
<td>7</td>
<td>South Africa</td>
<td>564 740</td>
</tr>
<tr>
<td>8</td>
<td>Sudan (former)</td>
<td>529 200</td>
</tr>
<tr>
<td>9</td>
<td>Kenya</td>
<td>397 000</td>
</tr>
<tr>
<td>10</td>
<td>Ghana</td>
<td>321 000</td>
</tr>
<tr>
<td>11</td>
<td>Tanzania</td>
<td>255 000</td>
</tr>
<tr>
<td>12</td>
<td>Mozambique</td>
<td>250 000</td>
</tr>
<tr>
<td>13</td>
<td>Benin</td>
<td>244 742</td>
</tr>
<tr>
<td>14</td>
<td>Libya</td>
<td>225 000</td>
</tr>
<tr>
<td>15</td>
<td>Niger</td>
<td>188 767</td>
</tr>
</tbody>
</table>

Source: (FAOSTAT 2014)
Challenges hindering tomato production in Africa

Tomato has the tendency of improving the lives of small scale rural farmers in most developing countries of the world. Besides the health benefits derived from tomatoes and tomato-based foods, the crop can serve as a source of income for farmers as a result of its numerous uses. The tomato industry can increase the foreign exports of a many African countries thereby contributing to GDP. In Ghana, the tomato industry has been identified as an area that has the ability for poverty reduction because of its potential for growth and employment creation (Anang et al. 2013) whilst in Nigeria, the production of the crop has improved the livelihood of most rural and peri-urban farmers (Adenuga et al. 2013).

Although tomato can improve the livelihoods of rural farmers, studies have shown that the full potential of the crop has been under exploited because of many challenges. For instance most tomato farming in Nigeria (as well as most African countries) is rain fed (Adenuga et al. 2013) because of the lack of effective irrigation systems. Production therefore takes place in the rainy seasons only. The incidence of pests and diseases, low quality and insufficient quantity of tomato produced among competition from foreign imports (Robinson and Kolavalli 2010) are also some constraints hampering the production of tomatoes in Africa.

Even though the above are all constraints hampering tomato production in Africa, the challenges for this paper are post-harvest related. Post-harvest challenges are challenges faced by producers, processors, distributors, retailers as well as exporters in handling the produce after it has been harvested until it gets to the final consumer.

Post-harvesting Challenges

Post-harvest challenges in tomato production can be categorized into two main groups which are on-farm and off-farm.

On-farm challenges

Inappropriate harvesting stage/periods

The physiological maturity of the fruit at harvesting stage has a major effect on quality (Beckles 2012). Care must therefore be taken as to when to harvest the fruit in order to attain the best quality. Post-harvest physiologists describe three stages in the life span of fruits and vegetables: maturation, ripening and senescence. The maturation is indicative of the fruit being ready for harvest (FAO 2008) and there are three maturity states at which tomatoes can be harvested. It can be harvested either in matured green, partially ripened or ripened state. Tomato being a climacteric fruit can be harvested at the matured green state allowing ripening and senescence to occur during the postharvest period of the fruit.
According to Moneruzzaman et al. (2009) and Orzolek et al. (2006), farmers targeting distant markets must harvest their tomatoes in a matured green state. This will not only give the producers ample time to prepare the fruit for the market but also prevent mechanical injuries during harvesting. Meanwhile, farmers in most African countries harvest tomatoes when they are partially or fully ripened. Fully ripened tomatoes are susceptible to injuries during harvesting resulting in shorter shelf life (Toivonen 2007; Watkins 2006; Reid 2002) This may be the reason why there are high level of losses in tomatoes harvested at fully ripened stage in Africa.

**Lack of appropriate harvesting containers**

Tomatoes are harvested by manual picking instead of mechanical picking in most developing countries. In harvesting, care should be taken to avoid mechanical damage which can be an entry point for disease causing pathogens. The majority of farmers from Africa use wooden crates and woven baskets with hard and sharp surfaces which cause mechanical injuries to the harvested fruits. Overloading during harvesting can cause a buildup of excessive compressive forces resulting in crushing of fruits that are found at the base of the containers (Hurst, 2010). The use of smooth surface shallow containers that will prevent overloading will therefore result in reduction in both mechanical injuries and crushing to the harvested fruits. Kitinoja (2008) has therefore recommended the use of plastic basket for harvesting tomatoes.

**Excessive field heats & lack of on-farm storage facilities**

The field heat of harvested crop is usually high, and should be removed as quickly as possible before any postharvest handling activity (Janet and Richar, 2000). Field heats also give rise to a sudden increase in metabolic activity and prompt cooling after harvest to reduce the metabolism is very important (Akbudak et al. 2012). The optimum temperature for tomato harvesting of about 20 °C can be attained either in the early hours of the morning or late in the evening. Harvested fruit must be pre-cooled to remove excessive field heat if harvested at times other than the recommended periods. This can be achieved by assembling harvested fruits at a central point with a cooling system in place. A study by Olayemi et al. (2010) revealed that, although about 46% of Nigerian farmers harvest their tomatoes in the morning and 12% in the evening, most of them store the harvested tomatoes under tree shades until buyers arrive. Tree shade is not reliable as it is likely to shift away from the produce when there is delay in the arrival of buyers. The fruits are therefore exposed to the scorching sun causing a buildup of field heat in the produce.
Farmers in developed countries make use of on-farm cooling systems in dealing with excessive field heats. An example of such facility used in the US is the force-air cooling system (Figure 2).

![Figure 2: A commercial forced-air cooling system.](image)

Farmers in developing countries on the other hand however don't have the capacity to install such technologies on their farms and have therefore improvised other cooling systems. Figure 3 shows improvised Poly net used in India and an open thatch structure used in Rwanda for pre-cooling.

![Figure 3: Some low-cost cooling system used in developing countries](image)

Although, some farmers in developing countries are already using low cast on-farm cooling systems in the form of structures, they form a small proportion (less than 10%) of the number of tomato producers especially those in Africa (Olayemi et al. 2010). This is an indication that over 90% of farmers have no on-farm storage facilities and therefore leave their harvested produce at the mercy of the weather. This can result in excessive loss of moisture and subsequent deterioration of the produce. The adoption of a simple on-farm structure like a small hut for temporal storage of harvested produce can be very beneficial in pre-cooling which is the first step in good temperature management in harvest produce.
Inappropriate packaging materials

A good packaging system should protect the commodity against pathogens, natural predators, moisture loss, temperatures extremes, crushing, deformation and bruising of the product. Some of the most common packaging materials used in developing countries include large green leaves, clay pots, woven cane baskets, wooden crates, cardboard crates, cardboard boxes, plastics buckets, nylon sacks, jute sacks and polytene bags. The majority of these packaging materials do not allow better aeration within the packaged tomatoes causing a buildup of heat due to respiration. The shortcomings in some of the packages such as the wooden crates used in Ghana and the woven basket in Nigeria are highlighted below.

The wooden crate in Ghana

The inefficiencies in using the wooden crate lies in the inadequate ventilations provided for cooling, sharp surfaces and edges and depth of the package. Figure 4 is a photo of the wooden crate used by farmers in Ghana. The crate does not allow proper aeration within the packaged tomatoes.

![Figure 4: A wooden crate used in on-farm packaging in Ghana](image)

The depth of the crate is not appropriate as there is always crushing of fruits near the base as compression pressure increases with depth (Hurst 2010). Naika et al. (2005) therefore suggests the weight of the produce and the crate should not be more 25kg to prevent the compression stress developing within the packaged tomatoes. Meanwhile the weight of the wooden crate when fully packed with tomatoes is about twice the recommended weight and this can cause crushing injuries. It is therefore advised to reduce the depth of the crate and
provide padding material at the bottom and in between layers of tomatoes to prevent mechanical injuries.

The woven cane basket in Nigeria
Farmers in Nigeria also use woven baskets from palm fronds to package their tomatoes for sale to customers (Idah et al. 2007). The inside of the baskets have sharp edges which cause mechanical injuries to the fruits. The over sized nature of the baskets also results in excessive crushing forces acting on the fruits located at the base of the basket as being alleged by Hurst (2010). This results in bruising and crushing of the fruit which breaks the integrity of the fruits for the introduction of disease causing pathogens. The diagram below (Figure 5) is an example of woven basket used by most tomato farmers in Nigeria.

Figure 5: Woven cane baskets used by farmers in Nigeria

It is therefore recommended by Idah et al. (2007) that the palm baskets should be woven with the smooth side of the material turned inward to give the inside of the basket a smooth touch to reduce mechanical injuries.

Poor Field Sanitation
Sanitation is of great concern to produce handlers, not only to protect produce against post-harvest diseases, but also to protect consumers from food-borne illnesses. Fresh produce has being one of the main sources of food-borne illness outbreaks (Gombas et al. 2003). For example, Salmonella, Hepatitis and Cyclospera are among the diseases causing organisms that can be transferred via fresh fruits and vegetables like tomatoes (Government of India, undated). Use of a disinfectant in pre-cooling water can help to prevent both post-harvest diseases and field heat in produce. Fruits and vegetables are usually treated with chlorinated water after washing to reduce the microbial load prior to packaging. Workneh et al. (2012) indicate that anolyte water dipping disinfection of tomatoes did not only reduce the microbial loads on the fruits but also maintained superior quality of tomatoes during storage.
The majority of farmers in developing countries especially those in Africa have no such facilities on-farm to disinfect their produce. Sorting is also not done and rotten fruits which may be carrying disease causing pathogens are mixed with healthy fruits. This practice cause a rapid spread of pathogens within the packaged produce resulting in high deterioration.

**Off-farm challenges**

**Lack of access or bad nature of roads**

Lack of access roads to production fields in many African countries is a major challenge hampering the success of the tomato industry. Majority of the production fields are located in remote areas, which are far from improved roads making access to competitive markets difficult and costly. An example of a road (Figure 6) that links the farming district of Bulambuli Nakapiripirit in Eastern Uganda to major marketing centers.

![Figure 6: Tired traders stranded on the road on their way to the market in Uganda](image)

In cases where there are roads linking these farming sites, these roads are in a very deplorable condition. A study conducted by Yeboah (2011) indicated about 76% of farmers and traders in Brong Ahafo region of Ghana complained of bad roads affecting their business. The bad state of road infrastructure makes it very difficult, expensive and time consuming to transport harvested produce to marketing centres. Meanwhile any delay between harvest and consumption of the tomatoes can result in losses (Kader 1986). Losses of up to about 20% are incurred by farmers due to transportation delays (Babatola et al. 2008). This claim may even be an underestimation of the actual transportation losses as vehicles which ply these deplorable roads sometimes get stuck in the mud and may take hours or even days to get them out which may result in losses higher than the 20% assertion by Babatola et al. (2008).

Bad road infrastructure is a major challenge facing most developing countries and this challenge is likely to affect both producers and distributors of tomatoes for a long period. The
inaccessible nature of most farming sites has led farmers in Ghana to adopt the use of the “Motor King” – a motorized tricycle which can easily access most of the inaccessible sites. Figure 7 is a diagram of a motorized tricycle used by both buyers and producers in Ghana.

![Figure 7: A motorized tricycle used to convey goods from inaccessible areas in Ghana](image)

**Inappropriate mode of transport**

The use of appropriate transportation is another factor to consider in postharvest handling of tomatoes. During transportation, the produce should be immobilised by proper packaging and stacking to avoid excessive movement or vibration. Vibration and impact during transportation as a result of undulations on roads is one of the major causes of postharvest losses to most fruits and vegetable especially tomatoes (Idah et al. 2007). The bad nature of road networks in most developing countries therefore provides these unfavorable factors during transportation resulting in great losses. Farmers in develop countries use refrigerated containers and trailers which travel on reasonably good roads. Transporting tomatoes in refrigerated trucks is not only convenient, but also effective in preserving the quality of fruits. However, both the initial investment and the operating costs are very high and beyond the affordable reach of most farmers in developing countries. Farmers therefore transport their produce using the most affordable mode of transport without considering the effect it will have the quality of produce. The nature of these transportation options available to the farmers in Africa does not provide the stability the stacked produce needs during transportation. The wobbling nature of the vehicles coupled with the bad roads causes a lot of mechanical damage to the produce before it reaches its destination. Figure 8 is an example of an open truck used in transporting tomatoes in Nigeria.
**Lack of processing equipment/factories**
The unavailability of processing factories or redundancy in the available ones is also another challenge tomato producers in developing countries are faced with.

Senegal promoted the farming of tomatoes and erected processing plants to establish an industry that made Senegal the 23rd largest processor in the world during the early 70s (Food processing Africa, 2012). Produce from farmers were used as the raw materials for these processing industries.

A study in 2007 revealed that Senegal's processing had fallen from 73,000 tons of concentrate tomatoes in 1990 to 20,000 tons in 1996 processing year, while imports from EU's tomato increased from 62 tons in the year 1994 to whooping 5,348 tons in 1996. The Senegalese processors apparently found out that it was cheaper to buy and dilute tomato paste from Italy than purchasing tomatoes from local farmers. Local producers were therefore left to their fate with their harvest which has eventually caused a reduction in production figures.

Producers in Ghana were also faced with same fate when a processing plant that was producing around 100 tons of tomatoes in a day of paste located at the North Eastern part of the country was closed down. Ghana is now the largest importer of tomato and tomato-base products, importing from as close as neighboring Burkina Faso and to as far as Europe and Asia (Aryeetey 2006). Meanwhile local producers, who were established to supply the processing company, continue to produce at a glut, resulting in very low prices for sales to households use. The lack of market coupled with the high investment incurred during production led to three local producers committing suicide in the 2008 farming year (IRIN 2009).
The solution to this challenge is to promote the use of low cost postharvest processing technologies that can be used to process the raw materials into a more durable form. An example of such technology used in Ghana is the Cottage Italia Industries Limited’s “Tomato master” a processing unit used to process tomatoes into puree for bottling. Figure 9 is a diagram of the “Tomato Master” in used.

Figure 9: Tomato master in use.

**Inappropriate retail packaging**

Packaging of fresh fruits and vegetables including tomatoes has a great significance in reducing postharvest losses. Proper packaging should provide the produce the protection required from physical damages during handling, storage, transportation and marketing. Unsuitable packaging can result in postharvest loses to tomato producers (Idah *et al.* 2007). The majority of producers and retailers in Africa make choices of using a particular package or packaging material based on affordability but not necessarily the suitability. Most of the choices made by tomato producers are not the appropriate package or packaging material for the commodity in question therefore causing postharvest losses as being identified by Idah *et al.* (2007).

The wooden crate is a common choice of packaging material used by producers and retailers of tomatoes in Ghana and other African countries. The diagram below (Figure 10) is a typical choice of packaging used by producers and retailers in Ghana as compared to the corrugated cardboard crate used in Australia.
There have been suggestions of modifying the wooden crate to make it more suitable for tomatoes. The depth of the crate is reduced considerably to reduce the buildup of compressive forces which can cause mechanical injuries to fruits at the base of the crate during packaging.

**Lack of reliable market**

Market availability is a big challenge facing most tomato producers in developing countries especially those in Africa. This challenge can be attributed to many factors. One of the factors is the pattern of production resulting in gluts. Although there has been a tremendous improvement of the use of irrigation scheduling in dry season tomato production (Ofori-Sarpong 2001) a greater proportion of producers still rely on rain fed production. The bulk of tomato production in Nigeria for example is carried out during the wet season of the production year (Adenuga et al. 2013). This causes high peaks in production which is always more than fresh consumption demand of the fruit locally. The problem is further compounded by the lack of processing facilities which can be used to process the fruits into a more durable form for later consumption. Producers from developed countries always have supply contract with multinational supermarkets to supply tomatoes. An example is the Blush tomatoes in Guyra of New South Wales in Australia. Blush tomatoes supplies Coles and Woolworth with tomatoes making access to market already predetermined for the producers. In the case of producers in Africa, there is no information on reliable market availability. There is lack of communication between producers and consumers, and also lack of market information (Kader 2005). This has been the main reason for the mismatch between production and available markets. Marketing cooperatives are needed by producers in African countries in major tomatoes producing areas to create market for producers. Figure
11 is an example of producers in Ghana with their produce lined up by the road in the open sun waiting for prospective buyers.

![Figure 11: Tomatoes lined up by the road in Ghana waiting for prospective buyers.](image)

**Conclusion**

Tomatoes and tomato-based foods provide a wide variety of nutrients and many health-related benefits to the body. The tomato industry has the ability to increase the export earnings of African counties whilst improving the living standards of the individuals producing it. Postharvest and other challenges however, pose a great threat in the quest to attain all these benefits. Postharvest challenges, both on-farm and off-farm are gradually collapsing the tomato industry in most African countries. This can be seen in the dwindling production figures of many of these African countries whilst foreign imports of processed tomato product are on the increase. Importation of finished tomato products is an indication that most developing countries are not self-sufficient in tomato production. Even though there is always a glut on the market, they do not last as tomatoes are highly perishable and difficult to store unprocessed. The inefficiencies in the postharvest handling of tomatoes has therefore created a demand shortfall which is been filled with imports of processed products. Until these gaps of inefficiencies are closed using the appropriate intermediate technologies, producers as well as the government in African countries will not derive the maximum benefit from tomato production.

**REFERENCES**


Yeboah A.K. (2011) A survey on postharvest handling, preservation and processing of tomato (solanum lycopersicium) in the Dormaa and Tano South Districts of the Brong Ahafo region of Ghana. A thesis submitted to the School of Graduate Studies, Kwame Nkrumah University of science & Technology (KNUST), Kumasi in partial fulfillment of
the requirements for the award of a Master of Science degree in Postharvest Technology. KNUST, Kumasi.